

Rina Trepanier
Sales Representative
Experience Counts!

Visit all Rina's listings
www.rinat.ca

905-892-0222 • 905-734-4545
Direct 905-980-1199
E-mail: rinat@royallepage.ca

ROYAL LEPAGE
NAGARA REAL ESTATE CENTRE, BROKERAGE
26 Years of Award Winning Real Estate Sales

HOME DELIVERY CALL 905-732-2411

THURSDAY, OCTOBER 2, 2014

www.pelhamnews.ca



Call Me Today! 905-733-8996
www.pennyinnesold.com
Office: 905-892-6322

Pelham NEWS

Published by Sun Media Publishing Inc.



ROYAL LEPAGE
NAGARA REAL ESTATE CENTRE
BROKERAGE
janet ingham
sales representative
office 905.892.0222
direct 905.650.6775
driven by customer service
empowered by integrity
www.calljanet.ca

■ **REAL ESTATE:** TV celebrity draws a crowd to Welland's Coyle Creek Estates

Mike Holmes appealing to home buyers and fans

GREG FURMINGER
QM Agency Niagara

Ronda Burnett has been the victim of more than one-too-many unsatisfactory home improvements and repairs.

The 46-year-old Niagara Falls woman, joking that her husband isn't much of a handyman, has relied on several contractors over the years to fix things as small as caulking to basement leaks, the latter which required thousands of dollars being spent on more than just one company to get to the heart of the problem.

At one point, she went as far as writing a letter to Canada's most trusted authority in home repairs and renovations, TV's Mike Holmes, asking for help — as hun-

dreds of thousands of people around the world do.

The star of *Holmes on Homes* and *Holmes Inspection* never replied, but that's OK with Burnett, who was thrilled to meet him when he turned up in Welland Saturday afternoon to promote Rinaldi Homes' 26 certified and inspected Holmes Approved Homes being built on Coyle Creek Estates, southeast of Webber and South Pelham Rds.

Her journey to get to the guest appearance included a 13-kilometre run for the marathon-in-training. Upon laying eyes on him she joked to the affable contractor that she wanted to give him a big hug.

"He opened up his arms wide, and I didn't expect to get that," she said, still

beaming a big smile.

"I love him so much. I watch all his show."

Holmes, also the author of *Home Renovation with Canada's Most Trusted Contractor* and *Holmes Inspection — Everything You Need to Know Before You Buy or Sell Your Home*, approached Rinaldi about partnering in his certification program after the company landed on his scouts' radar.

Company president Jerry Rinaldi said he initially got his back up when approached, proud of his company's national award-winning reputation. But after discussions with the TV star — Holmes called it "the dating game" — he couldn't pass up the chance to get into bed with the TV icon.

"He's helping us sell the upgrades that are hard to sell," Rinaldi, whose family has been selling homes in Niagara since 1955, said of never seen "behind-the-wall upgrades."

The builder has also come to find that suppliers are willing to cut him a break on materials costs simply to be associated with a Mike Holmes certified home.

Holmes said the pace of the housing industry has been to "build them fast, dress them up — the icing on the cake — and sell them."

And those practices don't guarantee quality.

"I could fix brand new homes every day," he said shaking his head in disgust.

See **HOLMES** on Page 2



GREG FURMINGER/STAFF PHOTO

Sandra Weaver gets her hard hat autographed by Canada's TV home repair guru Mike Holmes, who was in Welland Saturday afternoon to promote his Holmes Approved Homes, being built by Rinaldi Homes.



Debbie Pine
pinesold.com SALES REPRESENTATIVE



\$227,410

MLS#: N30036338

213 AQUEDUCT ST., WELLAND

Who will be the lucky one? Close to several schools, both catholic and public, shopping, St. Kevin's Church, and amenities. Located in a great neighbourhood in Northwest Welland, this home is move in ready.



Consistently a
Top Producer with
Royal LePage Niagara
ROYAL LEPAGE
100
Awards of Excellence
NAGARA REAL ESTATE CENTRE
BROKERAGE



Office: 905-892-0222 • Sell: 905-321-2261 • debbiepine@royallepage.ca

UPFRONT

■ HOLMES



GREG FURRINGER/STAFF PHOTO

Weiland's Amy Coleman poses for a photo with celebrity home repair guru Mike Holmes, who was in Weiland Saturday afternoon to promote his Holmes Approved Homes, being built by Rinaldi Homes.

'I could fix brand new homes every day,' Holmes says

From Page 1

The Holmes Approved Homes program is aimed at ensuring high-quality homes are being built to exceed industry standards and are inspected several times during the building process. The certified homes are mould-resistant, fire-proof, air-tight, energy efficient and are built also with drywall that absorbs volatile organic compounds, or VOCs in industry terms, which are organic chemicals that have a high vapour pressure at ordinary room temperature, such as hair-sprays.

"These are the little things we need to be doing," Holmes said.

"We need to pay attention to building from the outside in, not the inside out."

"I want to see everyone doing this."

But for now, he said he'd be happy seeing the smaller home-building companies dethrone the on-the-cheap mass producers.

Although a Holmes Approved Home could add as much as \$25,000 to the typical asking price, Holmes said there is a "huge desire" for homes with his certification at 31 building sites across the country.

At today's prices, Rinaldi said, people are willing to pay more for peace of mind, utility savings, certification and expected higher resale values.

Freehold bungalow town-homes on Coyle Creek Ct. are priced from \$396,000.

Said Burtner of Holmes: "If he built my home, yeah, I'd buy it."

greg.furringer@sunmedia.ca
Twitter: @GregGTheTrib

■ MOVIES

Local film company brings Left Behind to world

DON FRASER
QMI Agency Niagara

A St. Catharines film company hopes the star power of Nicolas Cage will give its new movie that blockbuster edge.

Left Behind is based on a bestselling novel series that modernizes a biblical prophecy for which millions of people disappear.

The maker of the \$16-million production is Stony Lake Entertainment, which focuses on faith-oriented movies. It will be the first feature film for the St. Catharines-based firm.

"We wanted to make a bigger movie that would cross over to the mainstream and not just the faith-based audience," said Paul Lalonde, who formed Stony Lake in 2012.

Lalonde, a Pelham resident, is also the screenplay co-writer of *Left Behind*, along with Weiland's John Patus. "We took nearly 1 1/2 years and wrote a much better script with this one," said Lalonde, 53. "It was a big undertaking ... you have to stay true to your core audience and keep them happy."

"And at the same time, you don't want to chase away your everyday Nic Cage fan; you want them to see a great movie — not have them walk out and think they got tricked into attending a sermon."

Lalonde also co-founded

MOVIE FACTS

Left Behind will be released on Oct. 3 in Canada, the U.S. and worldwide, with 1,200 screens in North America booked as of last Monday.

The film will be featured as the opening night film at the Catalina Film Festival in California on Sept. 26.

For more information, visit www.leftbehindmovie.com, or visit the Facebook site at <https://www.facebook.com/leftbehindthemovie>

Cloud Ten Pictures in St. Catharines in 1995.

To date, Cloud Ten has produced nine feature-length films and 15 documentaries. The list includes an original trilogy of *Left Behind* DVD-release films from 2000-05 that starred Kirk Cameron.

The plot in Stony Lake's flick revolves around humans vanishing from earth. All that remains are their clothes and belongings. Chaos and disaster hammer the world, as airplane pilot Ray Steele (Nicolas Cage) struggles to save his passenger plane.

Meanwhile, Steele's family is dealing with disappearances of their own, due to the biblical event.

Filming took place in Baton Rouge, La., in the summer of



SUPPLIED PHOTO

Paul Lalonde on the Baton Rouge set working with director Vic Armstrong and actor Nicolas Cage.

2013. The movie is directed by Vic Armstrong (*Thor*, *Amazing Spider-Man*, *War of the Worlds*).

The producers say filming was done there as it ultimately proved lower cost through incentives than doing so in Toronto. They have shot previous movies in Toronto, but the tax credits were better in Louisiana.

"And it was hot in Louisiana," co-producer Michael Walker, 51, who lives in Burlington, said with a laugh. "Is there something more than 100% humidity — the answer is yes."

As for Cage's involvement, "It was a relentless pursuit, I really wanted Nic Cage," said Lalonde. "A lot of it is him in the cockpit under trying circumstances, so you need an A-list actor who can pull it off."

The producers said they were finally able to convince Cage's team to read the script. Cage's manager passed it on to the actor, who was taken by it.

"Nic said, 'Yes, I will do this,'" said Lalonde. "That was one of the happier days of my life."

Why stay in St. Catharines and not do business in L.A.? Why not, said the local production team, adding their families are here and they like the area.

Meetings in California can be handled through travel and calls. "There's no reason to leave here just to make movies, there really isn't," said Lalonde.

"There are good things happening in St. Catharines ... this is where our home is," said Walker. "And this is a big deal."

Our Family Serving Your Family
For Over 100 Years

since 1914

Lampman
Funeral Home

724 CANBORO ROAD
FENWICK (905) 892-4701



Irvine Muir Terry Mikolasek



LOCAL NEWS

■ CRISIS NEGOTIATORS: 'You can't talk the police lingo'

Lives in the balance

RAY SPITERI
QMI Agency Niagara

Hostage situations. Suicide attempts.

Those are just some of the crisis scenarios a team of six Niagara Regional Police negotiators are called to deal with.

On any given year, the team is required to bring 12 to 15 crisis cases to successful conclusions. Some of those are done quickly, others turn into full-blown negotiations.

And it's all voluntary — on call — above and beyond their regular police duty. Officers on the team have other roles within the police service.

"It's definitely something that you have to have an interest in. We care about people," says Det. Sgt. Scott Kraushar.

"This is an excellent team. We all work very well together. You'll find negotiator teams across the province are all the same. They care about people. In reality, it's not about us, though. It's about that person in crisis."

The team was called out to the brink of the Horseshoe Falls earlier this month, where after discussions with a distraught Niagara Falls man that lasted 14 hours, negotiators were able to convince the person to come back to safety.

While they can't discuss the specifics surrounding individual cases, four members of the team sat down with QMI Agency Niagara to talk about their roles as negotiators.

Kraushar says there's a posting process officers interested in joining such a team go through, as well as an interview process. Successful candidates attend Canadian Police College for a course. The team takes part in training twice a year.

It's through that training that negotiators learn how to maintain dialogue with people in crisis situations, as well as how to keep their composure.

"You're taught certain skills and you

stay focused and you rely on your team," says Det. Sgt. Wayne Genders. "We don't usually work alone. There should be a primary negotiator and that's accompanied by a secondary negotiator."

A member can also act as a liaison between the team and the incident commander.

"You work together as a team and that way you get assistance from your team members and your training to complete the call, hopefully successfully."

Det. Sgt. Brian Bleich says the primary negotiator is usually the main team member who engages the subject, while the secondary negotiator is "like a coach for them."

"The secondary is a listener and it helps the primary. They discuss, between the two of them, what's going to be said. They come up with ... different ideas of what to say. But if you have too many people talking, the subject may not become engaged as much as if you have that one person who is focused on (the subject) and you build a rapport, a relationship."

Det. Sgt. Maggie Devine says a negotiator may not know "what the right thing is to say."

"I don't think that you, specifically, know what the right thing is to say, but you're really listening to what they're saying and you're responding to them."

Bleich says it can be mentally exhausting and "hard to keep going and stay focused" if a crisis lasts for hours, which is when negotiators will transition in their roles to stay fresh.

"A lot of crisis negotiation, as well, is listening. It's not about us doing the talking, it's about us listening," adds Kraushar.

There are times, says Genders, when people who were in crisis situations have reached out to police and thanked them after an incident.

"They truly thank you and say, 'I was



PHOTOS BY MIKE DUBATISTA/QMI AGENCY NIAGARA

Niagara Regional Police Det. Sgt. Brian Bleich is a member of the NRP's crisis negotiating team.

just having a bad day."

"And that's usually all it is. They're just overwhelmed that one day or a couple days and they get into a situation where they think that that's their only decision, like they don't think clearly, that they have no other way out."

"That's all we try to do is ... bring them back to a rational state. They're usually overwhelmed by a multitude of problems and (we) start breaking them down, one at a time, and letting them know

there are other ways out."

Genders says showing up in uniform could hinder a negotiator's ability to have a successful dialogue with the subject, so often times they come dressed as an average citizen.

Bleich says police officers with an investigative background could be more likely to want to volunteer to be a negotiator because they are used to speaking with people one on one, face to face.

"I think when most of us step

into the role of a negotiator, basically you remove the cap of a police officer," he says.

"I don't think we have the (same) mentality ... as a uniform police officer would have at a call like that. We're there ... to speak to the person and to face their problems at that time, to bring it to a successful conclusion. You can't talk the police lingo."

ray.spiteri@sunmedia.ca
twitter: @RaySpiterisaveONenergy
CONSERVE WITH US!

Plug into Conservation!

Take Advantage of Niagara Peninsula Energy's Current Conservation Programs.

FOR HOME

peaksaver PLUS®
Heating and Cooling
CouponsFridge and Freezer Pickup
Residential Home Construction

FOR BUSINESS

Small Business Lighting
Retrofit Program
Energy Audit Funding
New Construction
and many moreTo learn more about these programs
visit saveonenergy.ca or contact NPEI.www.npei.ca

Toll Free: 1-877-270-3938

Connect with us.
facebook.com/npehydoro
Twitter @npehydoronpe niagara peninsula energy inc.

Niagara Regional Police Det. Sgt. Maggie Devine is a member of the NRP's crisis negotiating team.

Pelham NEWS

Published by PelhamNEWS, Sun Media Corp.
228 East Main St., Welland, ON L3B 5P5
Tel: 905-732-2414 ext.240 Fax: 905-732-3660
e-mail: welland@tribuneandsunmedia.ca
John Toboni, PUBLISHER, HEAT & CO. INC.
Peter Connadi, MANAGING EDITOR

SUN MEDIA
A Quebecor Media Company

Trudeau accepts Sun News network apology

QMI Agency

On Monday the Sun News Network apologized to Liberal Leader Justin Trudeau for a segment it says was in poor taste.

"In a monologue that aired September 15, 2014, on The Source, host Ezra Levant criticized Justin Trudeau for 'photo-bombing' a bridal party. In this monologue he detailed a number of controversies involving Justin Trudeau's parents and their marriage," the network said in a statement Monday.

"It is the view of Sun News that this segment was in poor taste and should not have been aired. We understand why many viewers found both the content and language of this segment to be offensive."

"We apologize to Mr. Trudeau, his family and to our viewers."

Last week, Trudeau vowed not to talk to any English-language reporter from Sun Media -- the country's largest newspaper publisher and operator of most widely-watched French-language television channels, TVA and ICI, as well as the English-language cable news channel Sun News Network -- until the matter of Levant's editorial was dealt with by the company.

After the apology aired ahead of Monday's broadcast of Levant's program, Trudeau's office issued a brief statement.

"We accept Sun News' apology. We look forward to (Sun Media) journalists resuming participation in Mr. Trudeau's press conferences," Trudeau's communications director Kate Purchase said in a statement.

FOLLOW OUR NEWS TEAM ON FACEBOOK

facebook.com/pelhamnews

COMMENT

The pitfalls of political correctness

GRANT LAFLECHE
QMI Agency Niagara

I really don't like being the guy who stands up and shouts, "Oh, no the politically correct will doom us all!"

You hear this often these days, mostly used as a shield by the pious minded and bigots. How many times have we, for example, heard someone tearing into the gay and lesbian community, painting gay marriage as some kind of society destroying aberration, only to puff up their chests and claim they are speaking truth to the "politically correct police?"

Saying deeply prejudicial things is, of course, protected by our free speech laws, but that doesn't make them any less prejudiced. Claiming one is fighting against some imagined attack on free speech by being proudly bigoted, isn't brave. It's stupid, and it burns.

So I try to avoid even using the phrase "political correctness," as it seems increasingly to belong the domain of the tin foil hat crowd.

Still, it is impossible to avoid it entirely, if only because the imagined battle on political correctness results in some pretty bizarre decisions.

We've seen in Canada, most recently in Quebec with the defunct "secular charter."

You may recall, the now thankfully former PQ government set out to ban the wearing of all religious symbols by govern-

ment employees. Their larger justification was that they were defending the secular nature of government -- apparently forgetting that a secular government is non-religious, not anti-religious. A government clerk wearing a crucifix does not suggest the state is endorsing a faith.

It was really an attack on religious minorities, especially Muslims -- more specifically Muslim immigrants -- and when challenged, the PQ characterized their critics as those hiding behind "political correctness."

But it goes the other way too. According to the *Daily Mail* in the U.K., some 200 Subway restaurants across the pond have decided to ban all pork products because Muslim customers are offended by pigs.

You probably are aware that Islam forbids the consumption of pork, and other meat has to be "halal" -- that is the animal has to be slaughtered in a specific fashion, namely the throat has to be slit and the animal bled out before it can be butchered and eaten. Apparently, the Almighty really has a fetish about how the animal is killed.

(Sidebar: I really never understand the religious concerns with diet. It makes very little sense to me why the alleged all-powerful ruler of the cosmos cares what you put in your digestive track. But I digress.)

Religious complaints about food advertising seems to be a creeping issue in the West. There was a case last month in Vermont where The Sneakers Bistro removed an advertisement that said

"yield to bacon" after a Muslim resident complained the sign did not respect the sensibilities of non-pig eaters. A school in the U.K. banned story books that featured pigs for fear of giving offense to Muslim students.

Now some U.K. Subway outlets have banned ham and bacon and other yummy pig slices from the menu, in favour of halal alternatives to respect the dietary restrictions of their Muslim customers.

Subway can serve whatever the heck it wants. Like all corporations, it exists for a singular purpose -- to make money. But there is something a little unsettling here. It is not offering an alternative to suit the desires of some customers, but banning anything they find offensive. They are, in effect, incorporating Sharia law into their business model, and that cannot lead anywhere good.

As much as I loathe to say it, we're seeing the creep of a kind of political correctness to shield some believers from things they don't like. And each time it happens, it gives secular groups more licence to demand the removal of things that give offence.

But no one has the right not to be offended. There is a line between reasonable accommodation in a multicultural society, and capitulation to religious demands. The former is positive and necessary. The latter is corrosive and not something we should entertain.

Shipwrecks – The Green Bay

SKIP GILLHAM
For QMI Agency Niagara

The Green Bay was built to transport a C-4 class troop transport at Vancouver, Wash. It was completed in 1945 as Marine Marlin and could handle 3,485 soldiers per trip.

After the Second World War, there was talk of transferring the vessel to the United States navy but it spent many years instead in the Astoria, Wash., reserve fleet. The ship was rebuilt as the cargo carrier Green Bay at Tampa, Fla. in 1965 and came to the Great Lakes in 1967.

The 159.38-metre-long Green Bay was carrying military supplies to Vietnam to aid the war effort when it sank, due to an underwater explosion, on Aug. 17, 1971. It is believed that a Viet Cong frogman slipped into the water and placed the explosive while it was the harbour at Qui Nhon.

Green Bay was refloated on Sept. 1, 1971, but deemed a total loss. The hull was towed to Hong Kong and broken up for scrap in May 1972.



Green Bay, shown in this undated photo.

HARRY STOTT PHOTO

■ WELLAND-PELHAM CHAMBER OF COMMERCE: Community's best to shine

Ruby Awards nominees announced

QMI Agency Niagara

A number of the community's sparkling gems have been nominated for this year's Ruby Awards.

Welland-Pelham Chamber of Commerce held its annual nomination breakfast at Seaway Mall's centre court last week to announce the chamber members and young professionals who are in the running to receive its top honour.

The Ruby Awards will be presented Friday, Oct. 17. The nominees are as follows:

Mary Anne Christoff Community Service Award: John and Rebecca Clark, Jamie Colangelo, Judy Dennis, Carolyn Fast, Stephanie Lehta, Peter Papp.

Employee of the Year/Excellence in Service Award: Lynn Anyotte of Seasons First Avenue, James Franquice of Uge to Purge, Douglas Hamilton of Boston Pizza Welland, Ryan Nava of Accelerated Health & Wellness Centre.

Venture Niagara Awards: Gail Belchoir of Financial Divorce Solutions, Blayne Bonfoco of Modern Vision MMA, Dr. Kimberly Dobson of Dentistry in the Village, Karen Harwood of Little Cherubs, Allison Kares of Movement Unlimited Inc., Debi Katsmar of YTV Group, Juanita Maclean of Seniors on the Move, Natalie Stikides of Five by Five Design Studio.

RBC Business Initiative Award: Sam Bellhouse of Evolution Window Films,

John Colangelo of Bromac Construction Inc., Tim Porter or Turf Net Sports Supplies.

RBC Business Awards: Sam Bellhouse of Evolution Window Films, Rob Noyes of Coins Unlimited, Tim Proctor of Turf Net Sports Supplies, Hugh Schoelaert of Ridge Berry Farm.

Youth Citizen of the Year Award: Steven Alkas, Lianne Banker, Lucas Blakely, Caitlin DeVries, Brevin Graziani, Dominique Lalama, Emilee Leonard, Kristina Loscavo, Gemma Mastrolanni, Keara McDermott, Nick Molkoski, Mikayla Rao, Vinay Sharma, Tasha Trudel, Chris Tsiantoulas, Cassandra Willie, Cailyn Zamora.

Eco Action Award of Excellence (Small Business): Laurie-Ann Whitnall of Thermography Clinic Niagara, Candy Ashbee of Presentation Corp, Alena Dawson of Ships Landscape & Nursery, Emilie Doig of Fresh Start Green Cleaning, Tim Proctor of Turf Net Sports Supplies.

Eco Action Award of Excellence (Large Business): E.L. Crossley Secondary School, Welland, Ontario

Business of the Year: Bromac Construction Inc., Dentistry in the Village, The Printing House, Eric's No Fills, David Chevrolet Buick GMC Ltd., Foyer Richelieu Welland, Accelerated Health and Wellness Centre, Dave's Small Engines, Moseimo's Pubs & Subs Ltd., Coins Unlimited, Boggio & Patron Fonthill Pharmacy.

LOCAL NEWS



16" Seasoned Firewood

Local Spinach Garlic Radishes Beets New Potatoes Romaine Lettuce Green & Red Leaf Lettuce Green Beans Broccoli Cauliflower Carrots Peppers Yams Squash	 Local Squash by the bushel Home Made Pies, Tarts & Flat Bread	Stop By For All Your Thanksgiving Needs! Local Pumpkins  Gourds Straw Corn Stalks	Local Apples Pinkie Reds, Macintosh, Cortland, Honey Crisp, Royal Gala, Northern Spy, Ambrosia, Empire, McIntosh Bosc Pears  Local Grapes 
---	---	--	---

346 HWY 20 WEST, FONTHILL **Fresh Baked pies**
905-892-0698 • OPEN 7 DAYS A WEEK • 7 AM TO 8 PM

NO TAX BLADLESS LASIK

FREE

DESIGNED SPECIALIZED SUNGLASSES

TO COMPLEMENT YOUR NEW VISION

NOT TO BE COMBINED WITH OTHER OFFERS

BONUS!

RECEIVE AN AN ADDED BONUS INITIAL POST-OP DRUGS, GOOGLES AND A 3 YEAR VISION CARE PLAN

VALUED AT \$350

FOR ALL PROCEDURES PERFORMED BY NOVEMBER 15, 2014

SEE NOW, PAY LATER!

BOOK NOW FOR OUR LIMITED TIME OFFER!

0% DOWN 0% INTEREST!

FOR ONE YEAR O.A.C.

1-888-510-2020
905-371-3217

PROVISION LASIK & CATARACT CENTRE

6800 Morrison Street, Niagara Falls, Ontario

DR. ANDREW W. TAYLOR
M.D. F.R.C.S.C. (O) A.B.O.



VOTE BRIAN BATY

Niagara Regional Councillor

Re-elect a Proven Leader



PELHAM



For Campaign Updates please follow my election Facebook Page:
www.facebook.com/brianbattyregion
www.battyregion.ca
battyregioncogeco.ca
 905-852-5317



LOCAL NEWS

**SATURDAY
OCTOBER 4, 2014**

FROM 10:00 AM TO 4:00 PM

Agape Valley
presents...

**HARVEST
DAY**

**HAYRIDES ARCHERY
PRIZES CARNIVAL GAMES
ATV RIDES FACE PAINTING
BEESWAX CANDLE DEMO**

FREE Admission and FREE Parking... RAIN OR SHINE

BBQ, Pie by the slice, Bake Sale, Honey, Maple Products & more...

**Agape Valley Bible Camp - 392 Kilman Rd, Ridgeville ON
905 892 4273 www.agapevalley.ca**

■ **EDUCATION:** Grades 3, 6 reading, writing and arithmetic

Mostly good EQAO marks for Niagara schools

DON FRASER
QMI Agency Niagara

Niagara's English-language Catholic school board has topped provincial averages in all Grade 3 and 6 assessments. While District School Board of Niagara also did well, it is struggling with junior math scores.

The Education Quality and Accountability Office has released results for all school boards listing primary and junior scores in reading, writing and mathematics from 2013-14.

In Grade 3 scores for the Niagara Catholic District School Board, students tested earlier this year were from four to nine percentage points higher than the provincial average of students meeting a curriculum standard. Its Grade 6 scores were from three to six percentage points higher.

"Certainly, we're very pleased with the EQAO results as a snapshot of student achievement," said Catholic board education director John Crocco. He said not only did the latest results surpass the provincial average, "our five-year trend data ... shows continuous improvement."

Crocco said results will be further analyzed using more detail and data by schools, with staff discussions to follow.

At DSBN, results met or surpassed provincial standards in four of six categories. The Ministry of Education identifies

that provincial standard as equivalent to a B grade. Over time, DSBN has shown improvement in its scores.

Since 2009-10, Grade 3 success rates have risen 10% in writing and 15% in reading. Grade 6 results improved 7% in reading and 10% in writing. Success rates in Grade 3 math rose 2%, and at 69% is above the provincial rate.

However, only 47% of those Grade 6 DSBN students tested in math met the standard for 2013-14 — a decline of 4% from the previous year's results. That compares to the province's 54% for 2013-14.

"EQAO is just one way for us to assess student [learning]," said John Dickson, the board's superintendent of school support services. "And we're proud of the progress students have made in literacy."

He said slumping math results are "unfortunately consistent with what's happening in the province."

Among the score-boosting math measures is a skills upgrading course paid for by the DSBN and taken by more than 140 elementary teachers last year. Elementary students can practice on game-like interactive Dreambox software at home.

Niagara results "pretty much trend along the provincial trend lines," said Bruce Rodrigues, chief administrative officer of the EQAO.

Johnson Farms



COUNTRY MARKET



FROM OUR FIELDS TO YOUR HOME

- Honey Crisp, Royal & Golden Gala, Cortland, McIntosh, Empire and more
- Fresh Pressed Apple Cider (no preservatives)
- Baked goods, Preserves, Gluten Free Treats.
- SPECIAL: Purchase a Half Bushel of Apples, receive a FREE Squash.

OPEN ALL YEAR ROUND



WE GROW OUR OWN

878 Foss Rd Fenwick

(Between Church St. & Victoria Av.)

Monday-Friday 9-6, Saturday 9-4, Sunday 10-4

905 341 FARM

**LASIK
provision**

1-888-510-2020
905-371-3217
www.lasikprovision.com
6800 Morrison Street, Niagara Falls, Ontario



LOG CABIN

155 Hwy 20 West Fort Erie 905-892-3997
www.thelocabin.ca

pelham.ca | 20 Pelham Town Square, PO Box 400, Fonthill, ON | 905-892-2607 | 905-892-5055

RECREATION PROGRAMS & CLASSES

Zumba Classes @ Pelham Arena

Tuesday, October 7 9:30 am – 10:30 am
Tuesday, October 7 **No class tonight**

Wednesday, October 8 7:30 pm – 8:30 pm
Thursday, October 9 10:00 am – 11:00 am

Drop in and try any session for \$6 or purchase your 10 + 2 bonus passes for \$60. For more information on any of the Zumba classes, please contact (905) 892-2607 ext. 329.

Walking Club - Everyone is welcome! – October 7 & 9

Interested in walking in Pelham? Interested in joining a Walking Club? Then join us! Tuesdays at Pelham Arena from 9-10 am and Thursdays at Fonthill Bandshell from 9-10:30 am. For more information, please contact (905) 892-2607 ext. 329.

Arena Programs

Public Skating	Adult Public Skating	Adult/Preschool	Men's Shiny Hockey	Women's Shiny Hockey	Women's Learn to Play Hockey	NEW Hockey Skills Hour	Pelham Pirates Home Games
Friday Oct 3 4:00 – 5:00 pm & 8:00 – 9:30 pm Sunday Oct 5 1:00-2:20 pm	Thursday Oct 2 1:00 – 2:00 pm	Friday Oct 3 10:00 – 11 am Tuesday Oct 7 1:00 – 2:00 pm	Friday Oct 3 9:00 – 10:00 am Tuesday Oct 7 8:00 – 9:00 am	Monday Oct 6 9:30-10:45 am Thursday Oct 9 10:30 – 11:45 am	Thursday Oct 9 9:30 – 10:30 am	Monday Oct 6 11am – 12 pm Thursday Oct 9 2:00 – 3:00 pm	Tuesday Oct 7 7 pm vs St. Catharines

NEW Hockey Skills Hour – come out to practice your hockey skills and learn from a Pelham Pirates Jr. B. Trainer. Ages 10 and up welcome. Shiny rates apply.

COMMUNITY EVENTS & NEWS

Bike City: Great City – Wednesday, October 15, 2014 – 6:15 – 7:45 pm – Watch this wonderful documentary at the Pelham Public Library, 43 Pelham Town Square, Fonthill. Followed by a discussion about how we can ensure that cycling is a safe and appealing way to travel in Pelham Sponsored by the Pelham Active Transportation Committee.

Pelham Farmers' Market – May 1 until October 30 - Pelham Town Square – September 25 Market Bucks Winner: Dorothy Eiler
Come out and purchase local food that is fresh, high in quality and the next best thing to harvesting it yourself. Every Thursday 4:30pm till dusk.

Fenwick 160th Anniversary Commemorative Bricks – Be part of Fenwick's future – purchase a granite brick to be incorporated into the downtown Fenwick beautification project. Standard, double, veteran's & corporate bricks available. Order forms available at Town Hall or pelham.ca. The deadline has been extended, but don't wait to order!



AM I ON THE VOTERS' LIST?



The 2014 municipal election is on Monday, October 27th. Are you on the voters' list? Check to make sure you are by either visiting pelham.ca/2014-election, coming in to Town Hall or stopping by our booth at the Pelham Farmers' Market on Thursday, Oct. 2nd.

WHAT WARD IS MY WARD?

Did you know there are **NEW Ward Boundaries** in effect for the 2014 municipal election? In recognition of growth within the Town pending development primarily within Ward Three, a re-division of the ward boundaries (which have been essentially unchanged since 1970) was completed in 2013 to take effect for the 2014 Election. To confirm which Ward is Your Ward, visit pelham.ca/news/what-ward-is-my-ward.

WHERE DO I VOTE? WHAT DO I NEED TO VOTE?

Are you unsure where to go on voting day to cast your ballot for the 2014 municipal election? Do you know what identification is required to receive your ballot? Visit pelham.ca/information-for-electors for a complete list of polling stations and ID requirements.

LOCAL NEWS


www.dentistwelland.com
 167 Riverside Drive, Welland
905 734 9214
Dr. Rashid And Associates

HOSPITAL DENTAL CARE

with General Anaesthesia available, Covered by OHIP
 Call our office for details

...Sleep Better



Noninvasive treatment
 of Snoring and Sleep Apnea
myersonema
 Call our office for details. ...Sleep Better

New Patients
 are always Welcome!



DIGITAL X-RAY
 Children Dentistry
 Cosmetic Dentistry
 Crowns & Bridges
 Hygiene Services
 Root Canal



Tooth Whitening
 Dental Surgery
 Sleep Apnea - Snoring
 Digital X-RAY
 Dental Surgery



Hospital Privileges
 Dentures
 Implants
 Fillings
 Evening Office Hours

■ EDUCATION

Catholic board impresses in math, literacy EQAOs

DON FRASER
 QMI Agency Niagara

Niagara's four school boards got generally decent grades in the latest provincial literacy and math test results.

Last Wednesday, the Education Quality and Accountability Office released results of Ontario Secondary School Literacy Tests written in Grade 10 and Grade 9 math tests written by students in the 2013-14 school year.

Niagara Catholic District School Board did especially well, topping the provincial averages in applied and academic math and literacy test in scores from two-six percentage points higher than the provincial average.

In a release, education director John Crocco congratulated students and staff for their "hard work throughout the year."

"We are exceptionally proud of the dedication to academic excellence demonstrated by our students and staff," said Crocco.

At District School Board of Niagara, 82% of students who wrote the literacy test for the first time met or exceeded the provincial standard.

That standard is measured as Level 3 on a 4-point scale, equivalent to a 'B' grade.

It represents an increase of two percentage points over the previous year's results and four over the Board's 2010-11 results.

DSBN's math scores remain an issue with the board, but results are improving.

In applied and academic math results were three and four percentage points below the provincial standard, respectively.

In Grade 9 academic math results, 81% of DSBN students met or exceeded the provincial standard.

That's a two percentage point jump over 2012-13 and eight points higher

EDUCATION QUALITY AND ACCOUNTABILITY OFFICE 2013-14

Grade 9/10 EQAO Results

DSBN Province

Applied Math 44% 47%
 Academic Math 81% 85%
 Literacy 82% 83%

NCSB Province

Applied Math 53% 47%
 Academic Math 87% 85%
 Literacy 87% 83%

Viamonde (French public) Province

Applied Math 53% 51%
 Academic Math 79% 84%
 Literacy 90% 88%

District Catholic Centre-Sud (French Catholic) Province

Applied Math 59% 51%
 Academic Math 86% 84%
 Literacy 90% 88%

Note: French EQAO results are not comparable with English results

than 2010-11.

Applied math results rose five points from the previous year and eight from the 2010-11 results, with 44% percent of applied students successful on the test.

It's a better overall string of math gains than for the provincial average.

"DSBN students continue to make encouraging progress on the evaluations," said Helen McGregor, the board's superintendent of education. "And you can see we've got improved results (in all three latest measures)."

"We're very pleased with it and it's encouraging," McGregor said. She said there have been "constant gains over time, which is what we're about — constant improvement."



GET THE PERFECT DEAL ON
PERFECT AIR
 for your home.



RECEIVE
 UP TO A **\$1,300** REBATE*

plus up to a \$100 iHarmony™ add-on*
 with the purchase of a
 qualifying Lennox® system



UP TO \$650 IN HEATING AND
 COOLING INCENTIVES†



VA Hoffman
 Plumbing Heating & Sheet Metal
 363 Kirby St. E., Port Colborne, ON L3K 1P6
905-834-3783

OFFER EXPIRES 11/28/2014.

*Rebate offer is valid only with the purchase of qualifying Lennox products. System rebate offers range from \$500 - \$1,300. See your participating Lennox dealer for details. Lennox dealers indicate independently owned and operated businesses. †Visit http://www.energy.ca.gov/energy_efficiency/EEAC. Rebates vary by more information on the application process and list of qualifying heating and cooling equipment. © 2014 Lennox Industries, Inc.



Looking for Golf Instruction?

From beginners to advanced players, juniors to adults, First Swing Golf is your first choice for lessons! Based out of Lookout Point Country Club, Zac Henderson (PGA of Canada Class "A" Professional) can get your game into shape!



Visit www.firstswinggolf.ca for more details.

Call or email us at: 905-380-1908 • Zac@firstswinggolf.ca

FATALITY

Corner concerns resident

DAN DAKIN

QMI Agency Niagara

Jack Wieler didn't get much sleep last Tuesday night.

How could he? The emergency lights kept flickering across the front lawn of his Eppingham St. house.

Then there were the thoughts swirling through his head as he tried to process what he had witnessed hours earlier.

Wieler and everyone else who ran to the scene of a tragic collision around 6:30 p.m. Tuesday in Pelham did what they could to help the 25-year-old motorcycle rider who'd lost control of her Yamaha and slammed into an oncoming truck. But there wasn't much they could do.

Wieler and his wife Katie have lived in the house for six years and have witnessed more than a few collisions involving bicycles, cars and motorcycles at the tight bend that starts 10 yards north of their driveway.

"They were getting used to the sounds. Getting used to the sight of wide-eyed drivers realizing how close they'd come to tragedy."

But when Wieler heard the unmistakable sound of a motorcycle crashing Tuesday night, and then saw the look of shock in the driver's eyes of the landscaping truck the motorcycle had hit, he knew tragedy had been avoided this time.

"I heard the bike whizz by and thought nothing of it. Then an instant later, here was an impact," said Wieler, who had been in his front yard Tuesday when the crash happened.

A woman from St. Catharines was travelling north on Eppingham St. when, according to police, she lost control and hit the south-bound Ford F-550 occupied by a 29-year-old driver and his 18-year-old passenger.

When Wieler ran to the crash scene, he initially saw the two men trying to free the burning motorcycle from

underneath the truck.

"I was hoping one of them was the rider," he said, "But I saw their faces and you could see something bad had happened."

The two men in the truck weren't injured, but the 25-year-old motorcyclist died at the scene as passersby performed CPR. She became the region's 12th traffic fatality of the year.

At the request of her family, the victim's name won't be released.

A commenter on a Sun Media story about the crash described the woman as a "wonderful, beautiful, effervescent young woman" who lost her life too soon.

"Another soul gone too soon.

Our love and prayers go out to all who knew her," the poster wrote.

On Wednesday, Niagara Regional Police Staff Sgt. Dave Hunter said the investigation into what caused the crash is still ongoing.

"It takes a few days to do the investigation, so we're still in the middle of that," he said.

Wieler said as he stood by watching the NRP's collision reconstruction team going about their work late into the night, he exchanged stories with his neighbours about close calls and less serious wrecks at the bend, located between Pelham Rd. and Ollie St. That section of road remained closed for more



ROYALL & PAGE
Niagara Real Estate Centre
Brokerage, Investment, Rental & Commercial
Office: 905-892-0222
Cell: 905-651-5143
rdrown@royallpage.com
www.homesinniagara.com

837 Niagara St., Unit #2, Welland, Ontario
"Selling Throughout Niagara"

Pelham Mayor Dave Augustyn offered his condolences to the family of the victim last Wednesday, and said he believes the road is safe.

"This road section continues to be safe at the posted speed limit," he wrote in an e-mail.

dan.dakin@sunmedia.ca
Twitter: @dandakinmedia

On October 27th Re-Elect for Ward One Councillor Richard Rybiak

Meet me for coffee and a chat:



- Saturday, September 27, 10:00 am to noon, at Pelham Hills Golf & Country Club.
- Saturday, October 4, 10:00 am to noon, at White Meadows Farms.
- Saturday, October 18, 10:00 am to noon, at the Golden Grill, Fenwick.

www.voteRybiak.com

advance polls: October 18, 20, and 22



RBC Financial Planning



Ian McCall, PFP
Financial Planner
289-213-3779
ian.mccall@rbc.com

Define Retirement Your Way.
Start the Conversation Today.

Advice you can bank on™

Financial planning services and investment advice are provided by Royal Mutual Funds Inc. (RMFI), RMPF, RBC Global Asset Management Inc., Royal Bank of Canada, Royal Trust Corporation of Canada and The Royal Trust Company are separate corporate entities which are affiliated. RMPF is licensed as a financial services firm in the province of Quebec.

© 2013 The Trademarks of Royal Bank of Canada, RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ©2013 Royal Bank of Canada. Used under license.



TEMPERATURES ARE FALLING
CALL FOR A FREE ESTIMATE ON A FURNACE & AIR CONDITIONING PACKAGE
WE SERVICE ALL MAKES & MODELS
• MAINTENANCE • FURNACES • AIR CONDITIONING
BOB REID
Heating & Air Conditioning
Residential - Commercial
905-892-7787



We'll give you something to **SMILE** about!
• Full & Comprehensive • Emergencies & House Calls
• Free Consultation • Upper & Lower Dentures
• Same Day Repair & Reline Service Available
Horbert Gieger 905.835.2155

Health & Lifestyle Fair
Seniors and Caregivers welcome!
Location:
Royal Canadian Legion
141 Hwy 20 East in Fonthill
Tues. Oct. 7, 2014
10:00am - 2:00pm



One-stop Information Centre!
• Free Continental Breakfast from 10am-12pm
• Free swag bags for the first 50 guests
• Free wine tasting from Vineland Estates Winery
• Free basic computer & gadget help from the Pelham Public Library's Gadget volunteers
• Free Nordic Walking Stick/Urban Polling Demo
• Meet local authors
Evening sponsored by the Pelham Public Library and Royal Canadian Legion #6113
Free transportation to event:
Call Legion: (905) 892-6293

frugal fridays

**BRAND NEW WEBSITE!
SAME AMAZING DEALS!**

- ✓ **Improved shopping experience**
- ✓ **Mobile friendly**
- ✓ **Safe and secure**
- ✓ **Fast checkout with newly
added shopping cart**

**REGISTER NOW
FOR FRONT OF THE LINE ACCESS!**

stcatharinesstandard.ca/frugalfridays • niagarafallsreview.ca/frugalfridays
wellandtribune.ca/frugalfridays

Save Up To 60% No Strings Attached!

frugal fridays



Apex Driving Academy	Carpaccios's Italian Ristorante	Robertson Rentals
Blakes Men's Wear	Casablanca Winery Inn	Dairy Queen
Seaway Mall	Booksmart	East Side Mario's
Thomas Audio Video	Victoria Fireworks	Remingtons Niagara
The Smokin' Buddha	Cheer's Restaurant	The Barrel
The Wine Place	Zappi's Pizzeria	Lasik Provision
Family Recreation	Bestway Bedding	Hinterbrook Winery
Welland Tribune	Chic Boutique	Silversmith Brewing Company
Blue Star Restaurant	Niagara Concerts	MT Bellies
Volcano Pizza	Thai Dish	Pelham Hills Golf Club



.....and many more!

AVAILABLE ONLINE ONLY

THIS FRIDAY OCTOBER 3rd - 7:00am - 7:00pm
PelhamNews.ca/FrugalFridays

■ **STATISTICS CANADA:** Survey numbers released; 35% of people at Niagara Detention Centre said to have illness or addiction

One in five live with mental-health issue

TONY RICCUTO
QMI Agency Niagara

The more we know about mental health the better it is for all of us, but there are still many Canadians who don't know where to turn when they need help, says George Kurzwaga, executive director of the Canadian Mental Health Association Niagara branch.

Good mental health, he explains, is more than just absence of a disease, it is a positive sense of well-being or the capacity to enjoy life and deal with the challenges people face on a daily basis.

Statistics Canada has released an analysis of the mental health and wellbeing of Canadians. The analysis examined the percentages of Canadians aged 15 or older in three categories — flourishing, languishing and moderate mental health.

The analysis is the result of the 2012 Canadian Community Health Survey of 25,000 people in the 10 provinces. People living on reserves, those in the military, prison or long-term care were not included in the survey.

Findings from the reports sug-

gested one in five Canadians reported needing mental-health care. While two-thirds of people reported that mental-health care needs were met, one-third reported their needs were only being partially met or unmet.

Counselling services were the most common need, but also the need most likely to be unmet.

Youths were also found to have the highest rates of mood disorders and substance use issues.

"Any information that gets attention on mental health is good information," said Kurzwaga, but he cautioned that numbers from statistics don't always reflect the full picture of what might actually be taking place. This was information provided by people after doing a self-assessment, which might not always be accurate.

And, some segments of the population, such as those who might be in the armed forces or are serving time in jail, are not included.

"For us here, for example, we know that 35% of the population at the Niagara Region Detention Centre has a mental illness or addiction," said Kurzwaga. "If you were to do this study as a whole for the entire population I'm sure for numbers would not be flourishing as well. They are all Canadian citizens and are relevant so there are some big issues in terms of limited data."

He doesn't believe the latest numbers are "a true picture of mental health" for people living in Niagara. For example, we have a higher suicide rate than the provincial average and that could be due to a number of wide-ranging factors that include

poor housing, an unfulfilling job and poor relationships. Those factors are highly related to feeling good about yourself.

"We don't have the healthiest economy in Niagara and there is a long list of people who are waiting for affordable housing," said Kurzwaga. "We see this on a daily basis for the clients we serve, with a large percentage are homeless, nearly homeless or living in sub-standard housing."

While Niagara has much to offer, he adds, those are just a few of the realities some people have to deal with that can have an effect on their mental health.

Anyone who needs help regarding mental health and addiction issues is encouraged to call a confidential access line at 1-866-350-3265.

**When the electricity fails...
How will you be
AFFECTED?**

**Custom Designed
Stand-by Power
Installations to Suit
Your Needs**

Cornell Feenstra Electric Ltd.

All Types of Electrical Installation
Pole Line Installation &
Aerial Bucket Truck Service

Call: 905-899-2373
Fax: 905-899-2383

University
Women's Club
45th Annual

**BOOK
SALE**
**Saturday
Oct. 4/14
9 am-3 pm**

**Niagara
Regional
Exhibition
Grounds**
1100 Niagara St. N.
Welland

*Proceeds to University
Scholarships for Local
High School Graduates*

**SMOKE! SMOKE!
SMOKE!**

Wicks

Beat the temptation.

smokers' HELPLINE
CANADIAN CANCER SOCIETY

TOLL-FREE

1-877-513-5333

**Gillespie
AutoCentre**

Pre-Owned Vehicles Under \$15,000


Chris Merritt
Sales Representative


Bob Carter
Sales Representative


Wesley Percia
Sales Representative

2008 TOYOTA MATRIX XR  133,000Kms, No Accident History, Fresh Arrival	FIAT 500 POP  Fresh Arrival, 5-speed manual transmission, Fresh Arrival	2006 VOLKSWAGEN PASSAT  148,000Kms \$9,988 + hst	2009 FORD ESCAPE  124,501Kms Fresh Arrival, 1-owner, No Accidents	2010 DODGE GRAND CARAVAN  76,000Kms \$13,988 + hst
2010 HONDA ELANTRA  21,000Kms, 1-Owner, Fresh Arrival	2011 MAZDA2  16,000Kms \$12,988 + hst	2006 HONDA ACCORD  128,000Kms, No Accident History, Fresh Arrival	2002 CHEVROLET TRAVERSE  136,000Kms \$13,488 + hst	2007 BUICK ALLURE CXL  132,000Kms \$10,288 + hst

16 Lincoln St. Welland
JUST WEST OF PRINCE CHARLES
www.gillespieautocentre.ca

905-735-7151

2012 TOYOTA YARIS

 1-Owner Non-smoker, 4-Cylinder Automatic,
Cloth Interior, Power Windows/Door Locks

**MONTHLY
FEATURE**
 66,000Kms
\$13,488 + hst
+ Licensing

COMMISSO'S FRESH FOODS

CANADA AAA BEEF

Premium Capless
Aged 28 Days
Prime Rib
Oven Roast

7.99 /lb
17.61/kg



Closed Thanksgiving Day Monday October 13th

Organic Turkeys Available!



Cold Springs
Fresh Young Turkeys
Available in all sizes

1.99 /lb
4.39/kg



Agropur
Oka L'Artisan or
Chevalier Triple Crème
Brie Cheese
By the Piece Only

Starting from
2.49
1/100g



Cook's or
Springer's
Smoked Spiral
Honey Sliced Ham
or Skinless 1/2 Ham

3.99 /lb
8.80/kg

Fresh
Yams
Product of USA

.69 /lb
1.52/kg



Sweet, easy to peel!



Fresh
Clementines
Product of Uruguay

2.99
2lb bag



Premium
Fresh
10" Pumpkin Pie

7.99
900g



Roman Brand
4 Cheese Lasagna,
Ricotta Lasagna
or Canneloni

Starting from
9.99
1.89-2.27kg



Toppits
Jumbo
Shrimp Ring
26/30 oz
16.99
425g



Gerolsteiner
Carbonated
Natural
Mineral Water

SAVE \$2.96
4/5
750ml



Pacific Foods
Organic Broths
Assorted Varieties

SAVE \$2.00
2.99
1L



Kawartha Dairy
Premium
Ice Cream
Assorted Varieties

SAVE \$3.00
4.99
1.5L



Fresh Baked from Scratch
Calabrese &
French Baguettes

Baked Fresh Several
Times a Day!
2.99
450g

Sale prices in effect Friday Oct. 3 through Thursday Oct. 9, 2014

FRI	SAT	SUN	MON	TUE	WED	THU
3	4	5	6	7	8	9

6161 Thorold Stone Rd., Niagara Falls, ON
Mon-Fri 7am-9pm • Sat 7am-8pm • Sun 8am to 7pm

Want to see even more savings?
Visit CommissosFreshFoods.com
and click on the flyer icon to
see all of our weekly specials!



TRANSPORTATION

'Historic' moment for regional transit

BOB HOWLE

QMI Agency Niagara

Debbie Zimmerman calls it a "historic moment."

Members of Niagara Region's public works committee last week agreed to remove the words "pilot project" out of any reference to an inter-municipal transit system.

"I think everybody understands this has been a long road in coming," said the regional councillor from Grimsby, who although not a member of the public works committee, took in the discussion of a staff report that asked regional councillors to endorse the guiding prin-

ciples for an inter-municipal transit system. "Removing that word 'pilot' sends a very clear message that this region is on the road to providing a transit system for all Niagara residents.

"This is a historic moment for us as citizens and as members of this council, so you should all be very proud of yourselves for the work you have done."

The region initiated an inter-municipal transit pilot project in 2011. At the onset of the pilot program, the region gave grants totalling \$3.7 million to the Welland, St. Catharines and Niagara Falls transit systems for the purchase of eight buses to be used to connect those municipalities,

as well as Port Colborne, Fort Erie and Thorold. The region has provided additional funding to the transit systems on a yearly basis since the pilot program began. The pilot program was initially set to end this fall, but was extended until September 2015.

In endorsing the guidelines, regional councillors gave staff the go-ahead to continue working with Niagara municipalities in developing an inter-municipal system, which may or may not include the region running it.

Today, we're only asking for approval in principal for the concept plan, and that this plan be used to inform discussion on how to build a Niagara-wide inter-municipal transit system," Erin O'Hoski, manager of partnership development, told the committee.

It was noted in her presentation that feedback from area municipalities "told us that the region needs to play a role, not necessarily in operating the service, but in facilitating, providing funding, co-ordinating customer service, ensuring access to social services and providing consistency with planning and economic development objectives."

Committee members unanimously endorsed the guiding principles, noting it was key in getting the province to extend daily GO rail service to Niagara and was an economic driver.

St. Catharines Coun. Al Caslin said it was time Niagarans "belly up to the bar" and fund a transit system that would allow workers in one area of the region access to a job in another. It's "fundamental

to have access to transportation," he said.

"The bottom line is that GO transit is not going to come to Niagara on a full-time basis if we don't get a regional transit system," Port Colborne Mayor Vance Badaway, a co-chair of the transportation strategy steering committee along with Zimmerman, said. "By endorsing this report, quite frankly we are endorsing raising the bar to meet our brand, and that brand is being a world-class destination."

While she was supportive of endorsing the plan, Niagara Falls Coun. Selina Volpatti said she had "reservations" about a staff forecast that put the regional cost of a regional transit system in 2024 for each household at \$24 per year.

The endorsement now moves to regional council for final approval.



100th ANNIVERSARY CELEBRATION

MASSIVE FURNITURE MARKDOWNS

Win a \$10,000 River Cruise On Critelli's

VIKING **MAGNIFIER**

ITALIAN MATTRESSES **Promotions On Now!**

CRITELLI'S Furniture • Rugs • Mattress

SALE HOURS: MON - THURS: 10 - 6 FRI: 10 - 8 SAT: 10 - 6 SUN: 11 - 4

FINE DESIGNER FURNITURE Promotions On Now!

IMPORTED RUGS NOW 65% OFF!

transitions FURNITURE

OFFER OF 20% OFF, 30% OFF, 40% OFF, 50% OFF, 60% OFF, 70% OFF, 80% OFF, 90% OFF, 100% OFF

SHAW FESTIVAL 2014

NIAGARA NEIGHBOURS FALL SPECIAL OFFER

\$39 tickets upgrade for \$10/ticket

LAST CHANCE to see The Philadelphia Story, The Philanderer, Arms and The Man, Juno and the Paycock, The Sea and The Charity that Began at Home.

BOOK YOUR TICKETS NOW
Season ends in three weeks!
Offer ends October 26

QUOTE CODE 14819 TO BOOK

eBonus! Book online and save on the handling fee. \$3.50 online, \$8.50 by phone.

Offer is based on availability, not applicable to previous purchases and cannot be used in conjunction with any other offer. Book seating. Upgrade to Gold seating for \$10/ticket. Limit 1 per household. Offer ends October 26. Offer not valid for cash. Offer not valid for cash. Offer not valid for cash.

SHAWFEST.COM | 1.800.511.SHAW

Moya O'Connell in The Philadelphia Story. Photo by David Cooper



PRESENTED BY
Sun Life Financial

GIANT TIGER

— your **save on everything** store —

WAREHOUSE CLEAROUT & CLEARANCE

... yes, it's a *GIANT* warehouse clearance :)

ATC CHAMELEON DUAL LENS VIDEO CAMERA

SALE

\$35⁰⁰

REG
\$60⁰⁰

6 AVAILABLE



VIBE HORN STEREO SPEAKER

SALE

\$75⁰⁰

REG
\$15⁰⁰

11 AVAILABLE



DANCING WATER SPEAKERS

SALE

\$15⁰⁰

REG
\$25⁰⁰

8 AVAILABLE



FELLOWS LAMINATOR AND PAPER TRIMMER

SALE

\$30⁰⁰

REG
\$42⁰⁰

4 AVAILABLE



TV SHAPE DESK CLOCK

SALE

\$4⁰⁰

REG
\$8⁰⁰

15 AVAILABLE



2 IN 1 WIRELESS KEYBOARD & MOUSE COMBO

SALE

\$15⁰⁰

REG
\$30⁰⁰

11 AVAILABLE



COLOURED KEYBOARD

SALE

\$9⁰⁰

REG
\$15⁰⁰

11 AVAILABLE



LICENSED BOYS/GIRLS TOY TRUNK

SALE

\$10⁰⁰

REG
\$15⁰⁰



LICENSED BEAN BAG CHAIRS

SALE

\$10⁰⁰

COMPARE AT
\$20⁰⁰



16 X 40 FRAMED ART

SALE

\$10⁰⁰

REG
\$20⁰⁰



12" MIXING BOWL

SALE

\$3⁰⁰

REG
\$8⁰⁰



PEANUT BUTTER SMOOTH OR CRUNCHY

SALE

\$147

REG
\$4.47



20 Highway 20 East, Fonthill

mon. - fri. : 8am - 9pm • sat. : 8am - 6pm • sun. : 9am - 6pm

fashion • grocery • home & surprises!

PRICE IN EFFECT UNTIL
OCTOBER 7TH, 2014
OR WHILE SUPPLIES LAST!

Join us!



foursquare



WATCH, PIN, POST, LIKE, FOLLOW OR TWEET

GIANTTIGER.com



GIANT TIGER, TIGER, GIANT, TIGER HEAD DESIGNS AND OTHER TRADEMARKS IN THIS AD ARE REGISTERED AND UNREGISTERED CANADIAN TRADEMARKS OF GIANT TIGER STORES LIMITED AND ARE LICENSED TO ITS FRANCHISEES

LOCALNEWS

■ HEALTH

Niagara's first medical marijuana clinic opens

KARENA WALTER
QMI Agency Niagara

It looks like any other doctor's clinic on the inside. There's a blood pressure pump, stethoscopes and an exam table. It's the vaporizer in the consultation room that gives it away.

Welcome to Niagara's first clinic that focuses solely on patients who might need medical marijuana.

Canadian Cannabis Clinics has opened at 80 King St. in St. Catharines, in the old Corbice building downtown. There's no marijuana on the premises and the office doesn't sell it.

Instead, a patient makes an appointment with the clinic's physician, who will assess the person to determine if he or she is eligible for a medical document, like a prescription. They can use that document to order medical marijuana from one of 13 licensed producers in Canada.

"The cost of medical marijuana is quite high, almost \$7 a gram," said director Roman Levy, explaining the clinic has zero patient fees, unlike others in the country.

"We wanted to remove barriers as much as possible for these patients."

The average medical marijuana user receives one to three grams a day.

The clinic is the first of what's expected to be 10 rolled out across Canada in the next year from directors Levy of Hamilton and Joseph del Moral of Toronto.

The pair said they decided to start their venture in St. Catharines because unlike in Toronto, which has two similar clinics, the Niagara region had nothing of its kind.

The move is in response to federal regulations that came into effect April 1 requiring medical marijuana users to get their marijuana from an approved supplier with a doctor's prescription. Before, users applied to a program through Health Canada.

The new rules make doctors the gatekeepers, but Levy said they don't all feel comfortable prescribing medical marijuana. That might be for moral reasons or, more likely, he said, because they are new to the treatment options and don't

feel knowledgeable about it.

That's where the clinic comes in, offering its own physician who has no problem providing a medical document if a patient can benefit.

"Cannabis is just one of these products we've shunted into a forbidden product that we know people for a thousand years have been using as a medicine," said Dr. Barry Waisglass, the clinic's physician.

"We've made it a forbidden fruit."

Waisglass, a family doctor for decades who spent two years at the Niagara Falls Community Health Centre, said working at the clinic is an opportunity for him to get cannabis medicine into the hands of those who might find it helpful in reducing suffering.

Patients who might benefit, according to a clinic referral form, include those with acute pain, migraines, cancer pain, epilepsy, glaucoma or Alzheimer's disease, among others.

Waisglass said he's had mixed reaction from his colleagues, some of whom think there isn't enough data to prescribe marijuana while others think it's effective in relieving pain.

Waisglass said he'll be rooting out abusers of recreational cannabis.

"My job is clear," he said. "I'm going to vet people who are inquiring about using medical marijuana who have chronic health problems."

The clinic has partnered with CanvaRX, a medical marijuana resources and counselling service, to offer patients advice and expertise on site.

It's in the CanvaRX room that the vaporizer sits, so a counsellor can stage a patient who receives a medical document how to actually use the drug. Health Canada recommends it be vaporized, rather than smoked, to inhale active ingredients while avoiding byproducts from burning.

Del Moral said they booked four patients for opening day, but are fully booked Wednesday and Thursday. They aren't sure how many Niagara patients there will be but will add another doctor if demand requires it.

karena.walter@summedia.ca



2015 Adult Memberships

Now Available

\$499* to Thursday
starting at + tax (excluding holidays)

***Monday**

Pay Now and play rest of the season for FREE!

LIMITED TIME OFFER

2015 Junior Memberships

For first 50 Juniors to Sign up Only **\$99** + tax

Monday - Friday anytime and weekends & Holidays after 3 PM

Other Memberships also available. Call us Today for more information.

905-735-6768

OPEN TO THE PUBLIC Friday Fish & Chips Dinner (after 5pm) **\$9.95** + tax

visit www.pelhamhills.ca for more golf specials

Pelham Hills Golf Club

196 Webber Road, Pelham, Ontario • 905-735-6768 • www.pelhamhills.ca



OVER the EDGE

October 18th
Marriott Gateway on the Falls

Rappel 23 storeys "Over of the Edge" from the Marriott Gateway on the Falls with breath-taking views of Niagara Falls, to raise awareness and funding for two local charities. Participants need to raise \$1000 to be able to rappel.

In support of *Wells of Hope* and *Warda*

Contact Rosella Born for more information at Rborn@sympatico.ca

**Book sale is this Saturday**

The University Women's club's 45th annual book sale is coming to the

Niagara Regional Exhibition Grounds in Welland Saturday.

Proceeds from the Canadian Federation of University Women Welland and District chapter sale are used to award local high school scholarships to eight young women who will be continuing studies at a university this year.

The sale runs 9 a.m. to 3 p.m. Donations of newer items in excellent condition are being accepted: books, magazines, CDs, DVDs, games and

puzzles. Call Beth Jeffery at 905-835-2291 or e-mail uwbooksale@yahoo.com for more information.

The exhibition grounds are at 1100 Niagara St.

Impaired charges**tied to wine fest**

A total of five people were arrested for impaired driving Friday and Saturday night as a result of RIDE checkpoints set up by Niagara Regional Police because of

the Niagara Wine Festival. Two others were charged with impaired driving Saturday night in the area of festival activities, police said.

Continued on next page



AARON BOGGIO
R.Ph. B.Sc. Pharm

**Ask Our****Pharmacists
FLU VACCINE**

RON PARTON
R.Ph. B.Sc. Pharm

It is time to start thinking about getting the flu vaccine. Each year an average of 20,000 people are hospitalized, and between 2,000 and 8,000 Canadians can die of influenza and its complications. Those most likely to suffer complications of the flu are the most vulnerable; children under two and adults over 65. The seasonal influenza vaccine is safe and effective and can benefit people of all ages. The flu shot only provides protection up to 12 months; immunization is required each year. This year's flu shot protects against the H1N1 flu virus as well as two other strains of flu. October to mid-November is the best time for immunization, but the vaccine may still be given in winter months.

Who should get immunized? The following is a list from the recommended guidelines.

PEOPLE AT HIGH RISK OF INFLUENZA-RELATED COMPLICATIONS, INCLUDING:

- ADULTS AND CHILDREN WITH CHRONIC CONDITIONS SUCH AS:
 - CARDIAC OR LUNG DISORDERS SUCH AS ASTHMA
 - DIABETES MELLITUS AND OTHER METABOLIC DISEASES
 - CANCER, IMMUNODEFICIENCY, IMMUNOSUPPRESSION
 - RENAL DISEASE
 - ANEMIA
- CHILDREN AND ADOLESCENTS WITH CONDITIONS TREATED FOR LONG PERIODS WITH ASPIRIN
- ALL RESIDENTS OF NURSING HOMES OR OTHER CHRONIC CARE FACILITIES
- SENIORS AGED 65 YEARS OR OLDER
- PREGNANT WOMEN
- CHILDREN AGED 6 MONTHS TO 23 MONTHS OF AGE
- PERSONS WHO ARE MORBIDLY OBESE
- ABORIGINAL PEOPLES

PEOPLE CAPABLE OF TRANSMITTING INFLUENZA TO THOSE AT HIGH RISK OF COMPLICATIONS, INCLUDING:

- HEALTH CARE AND OTHER CARE PROVIDERS
- HOUSEHOLD CONTACTS OF THOSE AT HIGH RISK AND TO INFANTS LESS THAN SIX MONTHS
- MEMBERS OF A HOUSEHOLD EXPECTING A NEWBORN DURING FLU SEASON
- WOMEN AT ALL STAGES OF PREGNANCY OR BREASTFEEDING MOTHERS
- THOSE PROVIDING REGULAR CHILD CARE TO CHILDREN 0-23 MONTHS
- THOSE WHO PROVIDE SERVICES WITHIN CLOSED SETTINGS TO PERSONS AT HIGH RISK

BOGGIO & PARTON PHARMACY

155 Hwy. 20 W, Fonthill

905-892-4994

www.boggios.com

**60 YEARS OF
FURNITURE
DESIGN**

What An Accomplishment!

PASSION

GOOD PRODUCT

GREAT LOYAL
CUSTOMERS

For This, The Artinian Family Thanks You

Stop By • Say Hello • Browse Our Showrooms

Enjoy What We Have Loved Creating
For 60 Years

~ Andy, Charlie, Natalie Artinian & Staff

DUNN'S
Furniture Fashions ~ Since 1954

SOLID WOOD • LEATHERS • UPHOLSTERY

NIAGARA'S PREMIER SHOWCASE OF SOLID
CANADIAN FURNITURE FOR 60 YEARS

255 Bunting Rd, St Catharines, ON

905-684-9414

Monday - Thursday 9-5:30, Friday 9-8, Saturday 9:30-5 Closed Sunday

www.dunnsfurniture.ca



STAMFORD FIREPLACES

THANKSGIVING GRAND OPENING CELEBRATION

FRIDAY, OCTOBER 10TH, 9AM-8PM
SATURDAY, OCTOBER 11TH, 9AM-5PM

MAJESTIC AMBER GAS INSERT sale: \$2599 REG: \$3299 SAVE: \$700.00	KOZY HEAT LAKEFIELD GAS STOVE sale: \$2299 REG: \$2699 SAVE: \$400.00	MAJESTIC 3000VB DIRECT VENT sale: \$1999 REG: \$2399 SAVE: \$400.00
ENVIRO E30 GAS INSERT sale: \$2999 REG: \$3299 SAVE: \$300.00	MAJESTIC OXFORD GAS STOVE sale: \$2699 REG: \$3199 SAVE: \$500.00	KOZY HEAT TRF DIRECT VENT sale: \$2499 REG: \$2799 SAVE: \$300.00

Lots of special prices, & we still have some door deals too.

COME HELP US CELEBRATE THE OPENING OF OUR NEW LOCATION.

STAMFORD FIREPLACES

6997 OAKWOOD DR., NIAGARA FALLS, ON

905-356-2922

NEW LOCATION

LOCAL NEWS

IN BRIEF

From previous page

Officers set up in various locations around St. Catharines' downtown core Friday in anticipation of impaired drivers during the festivities, police said in a news release.

Officers stopped several hundred vehicles, which also led to one arrest for refusing to provide a breath sample plus seven tickets being issued for various Highway Traffic Act offences.

On Saturday night, officers set up on St. Paul St. and spoke to close to 150 drivers leaving and coming into the downtown area.

Within the first hour of the RIDE initiative Saturday, three drivers were arrested for impaired driving and several tickets were issued for various traffic and licence offences.

The other two impaired arrests followed the RIDE checkpoint, when police "went mobile in the area."

Inmate death

Niagara Regional Police called in the coroner's office after an inmate at the Niagara Regional Detention Centre died in hospital Saturday.

The inmate's injuries were not suspected to be the result of foul play. The Office of the Chief Coroner is charged with the investigation into the inmate's death.

On Sept. 22 at about 4:45 p.m., police were called to the Niagara Detention Centre in Thorold to investigate a serious injury sustained by an inmate. The injured inmate was a detainee of the Canada Border Services Agency.

The inmate was taken to Greater Niagara General Hospital. He was listed in critical condition and remained in the intensive care unit, where he died.

CBSA would not provide any further information, other than to say the family of the deceased have been notified and that they would be reviewing the circumstances of the incident.

CBSA said the man's identity will not be released at this time.

The detention centre referred media inquiries to the Ministry of Community Safety and Correctional Services, which did not respond to interview requests.

The NRP also did not respond to interview requests.

BUNDLE UP THIS AUTUMN THE TRIBUNE

Enjoy the best in local, national and international news with your subscription to The Welland Tribune. As an added bonus we'll send you your choice of...



Enjoy this
GREAT COMBO for
as little as **\$3.25/WEEK!**

CALL TOLL FREE 1-855-533-5594 TO TAKE ADVANTAGE OF THIS OFFER  

QUOTE: FASHION, CANADIAN GEOGRAPHIC, WALRUS

Offer valid to new subscribers only who have not had home delivery in the last 30 days. 26 weeks of home delivery plus your choice of Fashion, Canadian Geographic or Walrus. *Price includes GST. Offer valid only when home delivery is available in all areas and may not be used in conjunction with any other offer. Please allow 10-12 weeks for mail delivery of your selected magazine. 1 year subscription to Walrus equals 12 issues, Canadian Geographic equals 6 issues and Fashion equals 12 issues. Credit Card Payment Option only. Total circulation \$60.00 - \$42.00 (net \$18.00). Offer expires October 24, 2014. Please quote Canadian title, Walrus or Fashion. Offer is non-refundable.



Classifieds

pelhamnews.ca/classifieds



Phone: 1-866-541-6757 • Fax: 1-866-485-8461 • Email: pelhamnews.classifieds@sunmedia.ca

Employment
Wanted

Employment
Wanted

Employment
Wanted

The Standard

JOIN A Winning Team!
Newspaper Routes Available!

"MONDAY TO SATURDAY HOME DELIVERY"

FONTHILL:

* Deepark, Nursery Call 289-398-1138
* Deborah, Edward Call 289-398-1138

Interested in being a Standard carrier?
Call and apply today!

Standard Circulation Department

905-684-7251

Appliance Repair

Appliance Repair

Apartments



Clock Repairs

All makes and models, guaranteed
workmanship, pick-up and delivery,
specializing in
Grandfather clocks.

(905) 935-1962

Produce/Food

DEVINES
FRUIT FARM
Fresh Vegetables,
Apples, Pears (Tel &
2nd), Preserves,
Eggs, Honey, ETC.
825 Canboro Rd, 1
km West of Fenwick
Call 905-996-9724
Closed Sunday

Automotive
Services

Windsfield chip Repair
or Replicated at
WINDSFIELD KING
905-735-9999

Automotive
Services

Oil & Filter Change
Most Cars \$19.95
+ disposal & tax.
Undercoating Cars
\$30.00, New & Used
Tires & Flims &
Wheel Alignment
905-735-9999
WINDSFIELD KING

Apartments

2 BDRMS avail. Large
quiet mature living.
Bldg. fully dec. ent.
close to Maple park,
bus/shopping. Starting
at \$899. 578 Clwy Ave
Call 1-905-735-5748

KINGS STATION
on Glen Park Dr.
1 & 2 bdrm apt.
Park like setting. Extra
storage. 905-734-9255
or 905-714-1300

General Help
Wanted

LANDSCAPE
LEAD-HAND
& LABOURERS

Established landscape
construction company
looking for full-time staff
to assist with installation
of brick pavers &
maintaining walls & general
landscape duties. Valid
drivers licence and a
willingness to work long
hours a must.
Comp. offers, pay scale for
year-round individuals.
email resume to:
timberline@on.abn.com

LOOK!



Thinking about quitting? Give us a call.

smokers' HELPLINE
CANADIAN CANCER SOCIETY

1-877-513-5333

Funding provided in part by the Ontario Tobacco Settlement, Ministry of Health and Long-Term Care.



List it today!
1-888-786-7821
PelhamNews.ca/Classifieds



Local. Easy. Free.

Trade sheep for sleep

Natural remedy helps sufferers of insomnia catch up on their Z's



DR.
GIFFORD-JONES

The Doctor Game

How much tiger is in your tank as you start the day? Not much, if you've been tossing and turning at night due to sleep apnea. Or if your partner has shaken the foundation with his or her snoring. Insomnia and snoring affect millions of North Americans and can be associated with serious health problems. Now, a natural remedy, Bell Sound Sleep, helps this troubling dilemma.

You're in excellent company if you suffer from insomnia. Napoleon, Sir Isaac Newton, Winston Churchill and Thomas Edison all tried to count sheep without success. Others, such as Marilyn Monroe, used increasing amounts of prescription sleeping pills, with tragic results.

Sleep deprivation can also have far-reaching consequences for our environment. It's believed to have been a factor in the crash and oil spill by both the Exxon Valdez and the Chernobyl nuclear disaster.

So how many hours of sleep do we need? Alexander the Great won many battles because he needed little sleep and could "cat nap." To function well people require seven to eight hours to function well.

Researchers believe sleep allows the body to prepare itself for another day. If this doesn't happen due to chronic insomnia, the risk of a number of health problems is increased. For instance, the Nurses Health Study at The Harvard Medical School followed 70,000 nurses for 10 years to determine what, if any, medical conditions resulted from insomnia. This showed that women who slept for five hours had a 39% increased risk of heart attack, compared to those who had eight hours of sleep. Sleep apnea, in which breathing temporarily stops several times during the night, poses other problems. During these episodes a decreased amount of oxygen reaches the brain, triggering increased blood pressure and a more rapid heart rate. If this occurs night after night the risk of heart attack and stroke rises.

Insomnia also has an impact on today's epidemic of



LORDALE/FOTOLIA.COM

diabetes. University of Chicago researchers required a group of young men to sleep just four hours a night. This caused an increase in blood sugar, a decrease in the hormone insulin, and a 40% decrease in the rate sugar was removed from the blood. Sleep debt also increases the appetite and food consumption. It's believed that the hormone leptin gives us a good feeling when we've had sufficient food. But insomnia decreases the amount of leptin causing a craving for food, particularly carbohydrates.

Studies done at the University of California show that tossing and turning at night also puts the immune system at risk. Researchers found that healthy men, deprived of partial sleep for just one night, have a less effective immune system the following day. Their natural killer cells that fight infections and cancer were compromised.

So what's the best treatment for insomnia? Napoleon believed he could sleep only if his feet were pointing south. W.C. Fields, the comedian, used to seek sleep in a barber's chair, or on a pool table. Still others need a warm bath before retiring, staying up later or reading a book. And some resort

to expensive pressurized masks attached to a machine.

The best approach, to insomnia and snoring is to keep it simple, particularly since studies show that 45% of the population has this problem. It makes no sense to take prescription drugs when a natural product is available. Bell Sound Sleep is approved by Health Canada and contains melatonin, camomille, fleur de la passion, skullcap and valerian, all natural ingredients. The suggested dosage is four capsules initially. This can be reduced to three or two capsules as sleeping habits improve.



Bell Sound Sleep

The Healthy Cupboard

\$3.00 Off

WITH COUPON
VALID UNTIL OCT. 11, 2014

The Healthy
Cupboard

SIGN UP FOR OUR
NEWSLETTER AT
www.healthycupboard.ca



**Tanya &
Ian Birrell**
Owners of
The Healthy Cupboard

TWO LOCATIONS!

FONTHILL 111 #20 EAST (Across from Selkirk)	PORF COLBORNE 101 CLARENCE STREET (Across from Food Island)
905 892.9054	905 835.9806

www.healthycupboard.ca • healthycupboard@gmail.com